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SOCIETY



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# Giving youth a second chance

A CALGARY YOUTH JUSTICE SOCIETY PROGRAM



# Believing Seeing Succeeding

IN THE  
LEAD

180

IN THE  
LEAD

A CALGARY YOUTH JUSTICE SOCIETY PROGRAM



# Strong Not Wrong

The CYJS's approach is **always strength focused**, seeing beyond what's wrong to nurture what's strong. Our impact is young people who **feel valued and supported** to be a **part of our community** in a meaningful way.



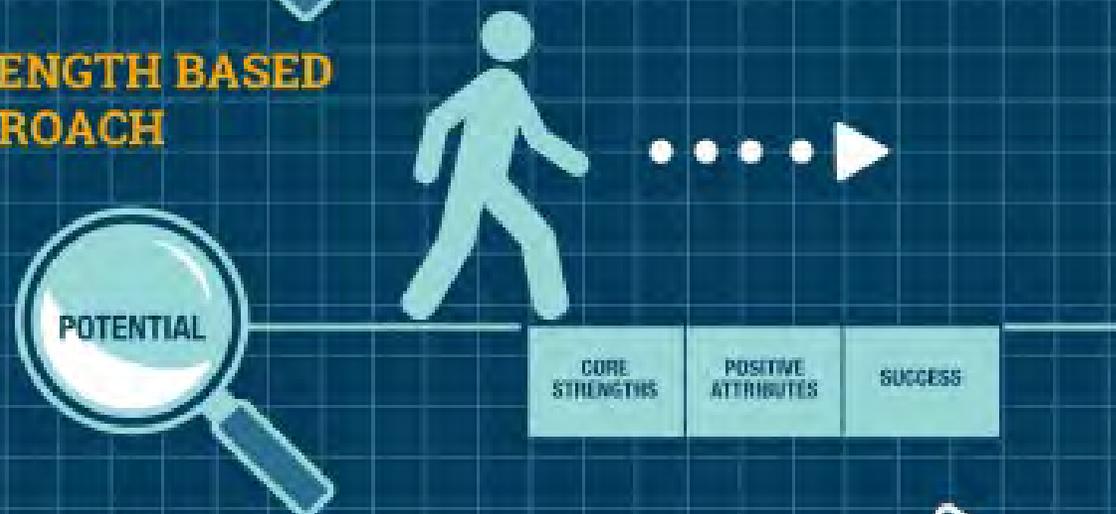
# the science of strength

Research has shown that a traditional approach focused solely on managing weaknesses can hold an individual back from maximizing their success, while a strength based focus can empower an individual to reach their full potential.

## TRADITIONAL APPROACH



## STRENGTH BASED APPROACH



IN THE LEAD

# Let's think about our Strengths!

What are some of yours?

Accurate Adventurous  
**Action-oriented** Assertive **Fair**  
Ambitious Artistic Athletic Humble  
**Analytical** Caring Compassionate  
Appreciative **Clever** Disciplined **Fast**  
Determined Authentic Detail-oriented Inquisitive  
**Charming** Creative Grateful  
Confident Communicative Decisive Flexible **Industrious**  
Courageous Entertaining Focused Honest  
**Considerate** Deliberate **Energetic** Idealistic  
**Dedicated** **Friendly** Humorous Ingenious  
Enthusiastic Hopeful Independent **Kind**  
Knowledgeable Intelligent  
Inspirational

Leading Orderly Observant  
Lively Logical **Motivated** Open-minded  
**Loving** Moral **Persistent** **Prudent**  
Modest **Merciful** Persuasive Precise  
Original Organized **Practical** Peaceful  
Outgoing **Patient** Perseverant  
**Quick-witted** Problem-solving Respectful  
Resourceful Self-assured Serious **Spiritual**  
Responsible Self-controlled **Tactful**  
**Spontaneous** Social Straightforward Thoughtful  
**Strategic** Tolerant  
Thrifty **Versatile** Trustworthy  
**Visionary** Team-oriented  
Warm **Wise** Welcoming

Can you think of others?

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# Telling their story

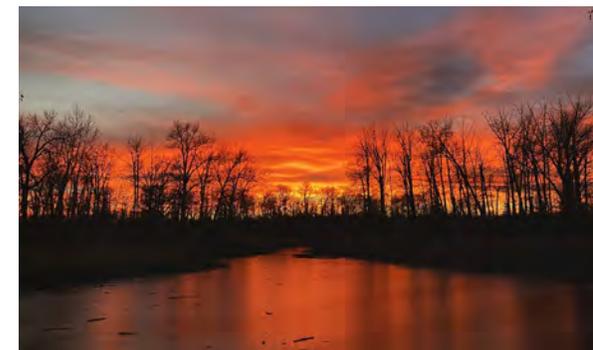
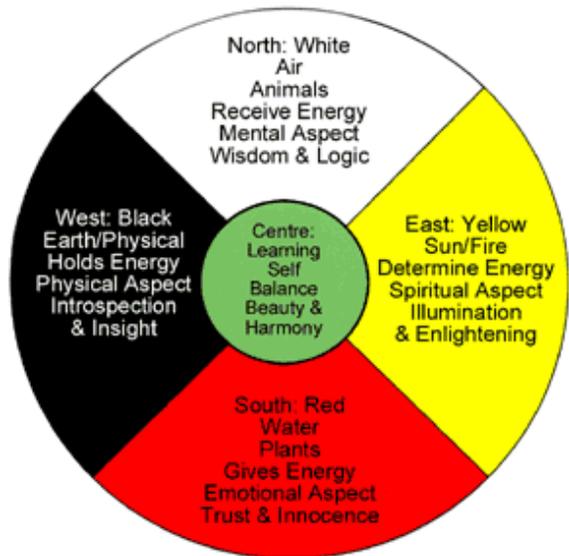


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“ This situation has definitely taught me to be more careful with my actions and think more on how it may not only affect me both others around me. I am going to work hard to be successful in my future career and strive to be both greater in my career and personal life”

~vision board made by MP as a Sanction request



# Meaningful sanctions

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Youth are **nominated**  
because of their  
**strengths not referred**  
because of their  
**deficits**

### In the Lead Nomination

**YOUNG LEADER:** Sherry Smith

**NOMINATOR:** Sam Smith

Sherry is always willing to try and better herself. She is hard working and continues to seek out programs to help her grow and learn. She continues to push through her barriers and to redefine within herself what she is capable of.

Sherry has shown her leadership skills taking on numerous volunteer rolls and developing program initiatives. She has put together a program in the building where she lives where new tenants fill our medical history forms which are placed on there doors in case of medical emergencies. She also developed a community pantry and acts as a liaison between building tenants and the building manager.

Sherry is always seeking new learning and growth opportunities. This program would be a great fit for Sherry as she continues on her leadership journey.





Strengths in action

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# Our Impact

## Youth Justice Committee

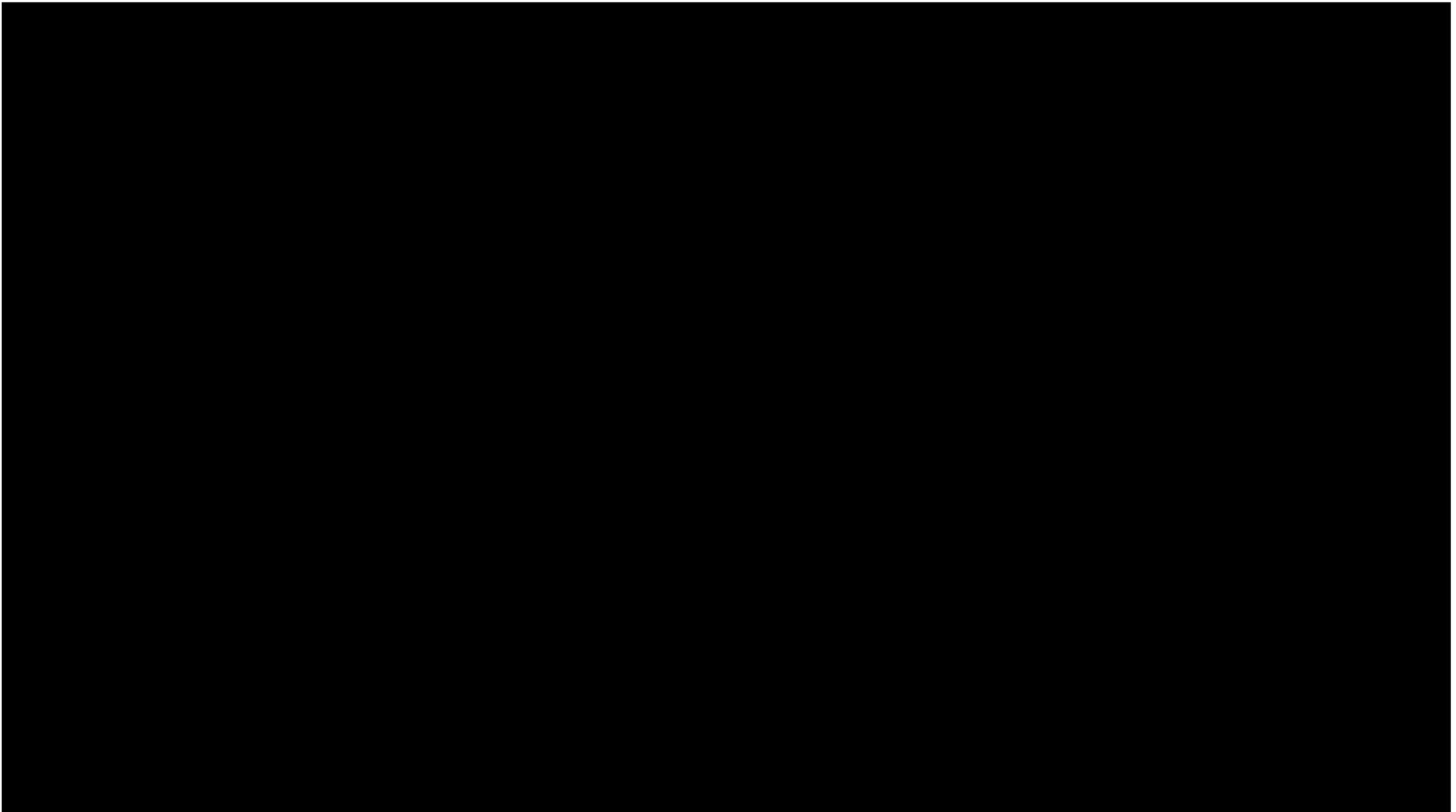
- Take **accountability** for their actions/choices
- Repair **harm**
- Build **self awareness, skills and connections** to community
- **Know** there are **adults** in the community who **care** about them and **believe in them**
- Build **hope** for and **belief** in a **positive future**

## In the Lead

- Have greater **awareness of** their **strengths** and how to **utilize them** in meaningful ways
- Made **positive connections** with peers and caring adults
- **Believe** in their **ability to contribute** to their communities in a positive way
- Have greater **hope for their future**

IN THE  
LEAD





# Your Strength Based Practice

Identify how you...

- Are currently implementing a strength based approach
- Can implement a strength based approach



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**Thank you!**

**QUESTIONS?**



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